

Salad



Vitality Farms
Company



The Spring Salad green mixture consists of ¼ of the following varieties: broccoli, alfalfa, radish and red clover.

This is a microgreen blend that offer a very sweet taste that is easily added to any dish. It is easy to integrate in your diet because it does not really affect the taste of your food The fact remains that its beneficial properties make it a winner for your health and energy.

HEALTH BENEFITS

This mixture helps to detoxify the body, which promotes cancer prevention and regeneration of the immune system.

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Email: info@vitalityfarmscompany.com

Phone: 863.660.8424

