

Spicy Salad



Vitality Farms
Company



The Spicy Spring Salad green mixture consists of the following varieties: Broccoli, Kale, Kohlrabi, Arugula, Red Cabbage & Southern Giant Mustard for an extra kick.

This microgreens mix is a simple mix of different types of seeds that makes a great base for any microgreens salad, sandwich, etc. Its beneficial properties make it a winner for your health and energy.

HEALTH BENEFITS

This mixture helps to detoxify the body, which promotes cancer prevention and regeneration of the immune system.

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